

Positive Alternatives 2016 - 17 Quarterly Update

Grantee (Name and city): Helping Hand Pregnancy Center, Worthington MN, Vendor # 285537

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Goal: Support, encourage and assist women in carrying their pregnancies to term and caring for the baby until they're one-year-old.

For the period/quarter: 6-20 to 7-30-16 / Q1

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
Administrative Activities	Hiring, Orientation, Volunteer Coordination, Staff Assessment and all administrative duties.		Admin duties required for start-up of new and continued grant activities. Hiring and orientation of employees. Extensive client service planning and preparation.	
Outreach	Multimedia Advertising, Publicity, Community Education, Fairs, Parades, Professional Meetings, Networking activities. All are intended to increase the amount of services provided to at risk clients.		Extensive outreach to community, using all methods. The focus was revealing our PA Grant Award and ambitious plans for 2016-19.	
Case Management Services	Provide all clients with periodic risk assessment and mentoring regarding progress in securing pregnancy and parenting support services. This will include use of the Necessary Services Tool, Adverse	47	We serve a diverse group including many refugees and immigrants. Many of our most vulnerable clients live in poverty and cannot read or write in any language. Our recent evaluation plan showed that they in fact benefit from Individual Education Plans and detailed case-management.	31

Activity or Service	Activity or Service Description Major Work Plan Activities	Work Plan Count	Program Progress and Accomplishments Report the progress and accomplishments made this period on each activity.	Report Count
	<p>Health Concerns Checklist, Networking, and client interviews.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
Interpreter Services	Our bilingual employee will provide Spanish language as needed.	34	3 additional bilingual employees were newly hired and spent most the quarter receiving orientation, and didn't have a full caseload of clients.	22
Life-Skills Education Program	<p>Increase knowledge and skills to overcome mental, emotional, and social obstacles to successful parenting and co-parenting. Provide Life Skills Education which may include units such as "Ready for Relationships", "Discipline with Love and Logic", "Magic 1-2-3", money management, conflict resolution, stress management, and overcoming Habits and Hang-ups.</p> <p>Provide car seats, pack n' plays, other incentives, materials for documenting family life experiences (workbooks, journaling, photos and scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	40	We can network with several local agencies to benefit families that are struggling. Life-Skills are frequently requested topics by parents trying to live clean and sober, and manage productive family life.	27

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Mentoring Programs	<p>Service which identifies and encourages young women age 12-26 and/or first trimester of pregnancy (or parenting) to receive programs and services.</p> <p>Due to their high vulnerability they would receive careful Case Management to increase their knowledge, resources, and access to life-affirming medical care.</p> <p>Opportunity to earn incentives, and document their experiences using journaling photos and/or scrapbooking.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	18	<p>Clients in our Mentoring Program are grateful for a concerned, mature, and non-judgmental employee to spend time listening to their problems (for free) and help them come up with positive and alternative ways to intentionally handle the pregnancy and parenting issues.</p> <p>Fulfilling the requirements of renting office space at the local college campus (MN West) has been very expensive and time-consuming.</p>	11
Parenting Education	<p>Increase basic knowledge and skills for all enrolled parents of infants in a class series of Birth to 12 months. This includes Nutrition (infant & adult) Safe Sleep, Car Seat Safety and car seat installation/inspection under the direction of a Child Passenger Seat Practitioner or Technician.</p> <p>Provide car seats, pack n' plays, incentives and materials for documenting parenting</p>	37	Learning to take good care of infants will always be an important Client Service.	25

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	<p>experiences (journaling, photos, scrapbooking).</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>			
Pregnancy Education	<p>Provide full list of education options covering all trimesters; offer incentives and a one-month supply non-prescription Prenatal Vitamins for enrolled clients of all ages; special outreach to women 20-24.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p> <p>Provide clients, their child, and their significant other RT Taxi / transportation for attendance.</p>	37	Clients seem extra attentive to education while pregnant. It's a very teachable time when they are very impressionable and forward-thinking!	22
Provide Necessary Services to all clients	<p>Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing.</p> <p>Provide women with information on, referral to and assistance with securing pregnancy support services.</p>	44	We can't provide every service that our clients need, but they are very appreciative when we give accurate and timely referrals for Necessary Services.	33

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	Utilize resource database to provide information and make referrals.			
Provide Necessary Services Assessments Only	Provide intake assessment to determine need, including assessment of program eligibility using self-administered Pregnancy Testing. Provide women with information on, referral to and assistance with securing pregnancy support services. Utilize resource database to provide information and make referrals.	2	Occasionally a client is a person who is doing quite well with her pregnancy and parenting, and enrolling in our services isn't a high priority.	2

Maternal and Child Health Initiative Task Force Strategies	No.
<i>Number of women who received car seats and car seat safety education from a PA funded program activity</i>	5
<i>Number of women who received car seat safety education only from a PA funded program activity</i>	29
<i>Number of women who received child abuse prevention education from a PA funded program activity</i>	29
<i>Number of women who received abusive head trauma (shaken baby) prevention education from a PA funded program activity</i>	29
<i>Number of women who received a baby bed, crib, or pack-n-play and sleep safety education from a PA funded program activity</i>	9
<i>Number of women who received sleep safety education only from a PA funded program activity</i>	29

Challenges: The first quarter of a new grant cycle is exciting and has a great deal of challenges. Time is spent completing important ground work and getting organized so that we can be effective when the grant is in full swing. During this reporting period, our numbers fell short but that wasn't a surprise to us; we're confident that busier times are ahead.

Comments: